## ACTIVE VERBS LIST

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Exclaim     Vote     Reap     Wrap
Hail        Opt      Harvest    Blanket
Signal      Pluck     Amass      Obscure
Bellow      Prefer    Accrue     Curtain
Bawl        Winnow    Assemble   (see HIDE)
Roar        Determine  Compile
Proclaim

Change
Shift
Transform
Modify
Twist
Mutate
Distort
Blur
Flux
Adjust
Switch
Fluctuate
Warp
Alter
Adapt
Evolve
Reform
Vary

Chase
Hunt
Trail
Pursue
Track
Follow
Stalk
Shadow
Hound
Case

Choose
Pick
Draw
Select

(see HIDE)
Sever  Lug
Slice  Haul
Snip  Tow
Divide  Tote
Prune  Trawl
Trim  Yank
Split  Trail
Axe  Tug
Slash  Yarn
Rend  Transport

Tear  Enter
Thin  Penetrate
Crop  Invade
Carve  Board
Dissect  Access
Hack  Barge in
Hew  Burst into
Nick  Trespass
Pierce  Drop in
Saw  Wander
Score  Infiltrate
Shave  Intrude
Shear  Encroach

Dig  Pierce
Mine  Fit
Delve  Set
Excavate  Rig
Burrow  Cram
Drill  Place
Core  Nest
Hollow  Mold
Rout  Blend
Unearth  Wedge
Gouge  Plummet
Saw  Perch
Score  Slant
Shave  Slip
Shear  Slip

Saw  Scrape
Core  Scuffle
Hollow  Duel
Rout  Brawl
Unearth  Joust
Peel  Spar

Drill  Scramble
Core  Grapple
Drill  Scrap
Core  Scratch

Find  Fall
Locate  Tumble
Detect  Collapse
Catch  Spill
Obtain  Plunge
Uncover  Crumple
Reveal  Pitch
Unearth  Crash

Enter  Drop
Penetrate  Buckle
Invade  Plummet
Board  Slant
Access  Slip
Barge in  Dive
Burst into  Stumble
Trespass  Topple
Drop in  Sink
Wander  Slump
Infiltrate  Trip

Wander  Fit
Flee  Dive
Avoid  Stumble
Bail  Topple
Run  Sink
Elude  Slump
Clear out  Trip
Dodge  Drop
Duck  Buckle
Bolt  Slip

Escape  Fix
Flee  Battle
Flee  Tussle
Avoid  Wrestler
Bail  Scuffle
Run  Duel
Elude  Brawl

Dodge  Joust
Bolt  Spar
Sidestep  War
Scramble  Clash
Leave  Grapple
Sneak away  Scrap

Leech  Scrap
Dredge up  Strike
Drag  Fix
Draw  Repair
Pull  Patch

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Rebuild
Tinker
Refit
Maintain
Renovate
Improve
Correct
Doctor
Restore

Get
Take
Receive
Catch
Gain
Obtain
Earn
Reap
Gather
Score
Win
Acquire
Accomplish
Procure
Attain
Elicit
Extract
Fetch
Inherit
Secure

Give
Gift
Pass
Toss
Hand
Deliver
Distribute
Offer
Donate
Bestow
Grant

Grab
Take
Steal
Snatch
Seize
Clutch
Hook
Grip
Net
Snag
Arrest
Apprehend
Appropriate
Claim
Grapple
Trap
Catch
Snap up
Nick
Wrench
Pluck

Help
Aid
Support
Assist
Comfort
Boost
Further
Relieve
Attend
Nurture
Advise
Guide

Encourage
Heal
Award
Advocate
Bequeath
Befriend
Confer
Intercede
Save
Serve

Get
Take
Steal
Snatch
Seize
Clutch
Hook
Grip
Net
Snag
Arrest
Apprehend
Appropriate
Claim
Grapple
Trap
Catch
Snap up
Nick
Wrench
Pluck

Hide
Conceal
Obscure
Cover
Disguise
Mask
Hole up
Squirrel away
Stash
Smuggle
Stow

Hold
Cradle
Grasp
Support
Bolster
Carry
Prop
Shoulder
Shelter
Handle
Grip
Clasp
Clench
Clutch
Squeeze

Hit
Bash
Smack
Slap
Slash
Slam
Punch
Clap
Bump
Swing
Slug
Poke
Wallop
Knock
Slam
Drill
Smoke

Deck
Ram
Strike
Beat
Clobber
Flog
Pound
Swat
Whack

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http://writershelpingwriters.net
Scuttle  
Expedite  
Hasten  
Quicken  

**Join**  
Meld  
Blend  
Weld  
Hinge  
Staple  
Pin  
Splice  
Couple  
Seam  
Stitch  
Tether  
Unite  
Marry  
Knit  
Bridge  
Add  
Graft  
Glue  
Cement  
Merge  
Adhere  
Affix  
Attach  
Combine  
Fasten  
Fuse  
Link  
Pair  
Weave  

**Jump**  
Leap  
Bounce  
Spring  
Vault  
Bound  

**Hop**  
Hurdle  
Pounce  
Trounce  
Skip  
Lurch  
Surge  
Leapfrog  

**Kick**  
Boot  
Punt  
Dropkick  

**Know**  
Sense  
Perceive  
Detect  
Intuit  
Feel  
Realize  
Understand  
Identify  
Discern  

**Lay**  
Deposit  
Set  
Place  
Position  
Rest  
Plant  
Settle  
Nest  
Lodge  
Seat  
Spread  
Drop  
Put  

**Leave**  
Depart  

**Abandon**  
Set forth  
Vacate  
Quit  
Maroon  
Evacuate  
Take off  
Ditch  
Forsake  
Split  
Scram  
Withdraw  
Disappear  
Defect  
Exit  
Retire  
(see ESCAPE)  

**Lessen**  
Fade  
Bleed  
Evaporate  
Shrink  
Wane  
Shriveling  
Slacken  
Curb  
Weaken  
Taper  
Dampen  
Deplete  
Lighten  
Limit  
Trim  
Reduce  
Curb  
Cull  
Dwindle  
Blunt  
Abate  
Minimize  
Diminish  

**Lift**  
Raise/Rise  
Hoist  
Heave  
Elevate  
Winch  
Heft  
Crane  
Hike  
Boost  
Jack up  
Mount  
Uphold  

**Listen**  
Hear  
Eavesdrop  
Heed  
Attend  
Mind  
Monitor  
Overhear  
Tune in  
Catch  

**Look**  
Eye  
Gawk  
Stare  
Watch  
Peek  
Ogle  
Browse  
Glimpse  
Leer  
Glance
Peep
Squint
Scan
Seek
Notice
See
Focus
Behold
(See WATCH)

Make
Fashion
Invent
Forge
Brew
Create
Form
Sculpt
Assemble
Mold
Combine
Beget
Conceive
Design
Forge
Produce
Shape

Move
Slide
Shift
Jar
Maneuver
Position
Nudge
Budge
Pop out
Work at
Displace
Relocate
Tap
Fiddle

Jiggle
Entertain

Need
Require
Demand
Exact
Claim
(see WANT)

Open
Spread
Unfold
Peel
Unzip
Reveal
Widen
Expose
Gape
Bare
Expand
Unbolt
Unlock
Unhinge
Unfasten
Uncover
Unfurl
Unroll
Display
Uncork
Undo
Free
Release

Push
Shove
Press
Nudge
Drive
Prod
Poke
Elbow
Jostle
Knock
Strain
Thrust
Crowd
Jam
Squish
Bulldoze
Force
Crush
Encourage

Impel
Muscle
Propel

Remember
Recall
Memorialize
Recognize
Recollect
Call to mind
Revive
Think back to
Flash back to
Reminisce about

Ride
Gallop
Jockey
Mount
Surf
Cruise
Speed
Coast
Glide

Rub
Chafe
Nuzzle
Caress
Grind
Smudge
Smear
Scrub
Lather
Polish
Knead
Scrape
Scour
Stroke
Massage
Smooth
Buff
Graze
Brush
Touch
Caress
Scrub
Smooth
Wipe
(see TOUCH)

Run
Gallop
Trot
Race
Streak
Lope
Scurry
Scamper
Jog
Dash
Scuttle
Rush
Stampede
Jet
Dart
Scoot
Speed
Sprint
Canter
Amble
Scoot
Barrel
Flee
Fly
Hustle
Pelt

Say
Speak
Articulate
Yammer
Blubber
Blab

Address
Mouth
Utter
Murmur
Mutter
Stammer
Swear
Curse
Rant
Rave
Jabber
Converse
Discuss
Whisper
Snarl
Stutter
Banter
Chant
Chat
Dictate
Drone
Drawl
Spout
Jibber
Sputter
Yell

Ransack
Sift
Dig
Examine
Inquire

Send
Ship
Cast
Maneuver
Transport
Broadcast
Transfer
Radiate
Channel
Route
Volley
Transmit
Relay
Wire
Publish

Shake
Shiver
Convulse
Quiver
Quake
Tremble
Totter
Judder
Vibrate
Rattle
Jolt
Churn
Shudder
Tremor
Slosh
Agitate
Quaver
Thrash
Flutter
Jerk

Split
Part
Cleave
Chop
Rupture
Hack
Sever
Slit
Carve
Cut
Divide
Halve
Break

Twitch
Spasm
Lurch
Squirm
Twinge
Palpitate
Throb
Ripple

Sit
Recline
Squat
Perch
Roost
Rest
Sprawl
Straddle
Crouch
Huddle
Slouch
Lounge
Flop
Laze
Plop
Park
Hunker
Relax
Settle

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Dwell
Dally
Hang out
Idle
Hesitate
Procrastinate

Walk
Coast
Pad
Amble
Saunter
Stroll
Strut
Swagger
Trudge
Stride
Tiptoe
Creep
Sneak
Stamp
Clump
Tramp
Parade
Plod
Slog
Limp
Totter
Glide
Pace
March
Shuffle
Lurch
Trample
Prowl
Mosey
Toddle
Slink
Scamper
Clomp
Lumber
Scoot

Roam
Waddle
Want
Desire
Thirst
Crave
Long for
Lust
Covet
Hunger
Pine
Yearn
Wish
Ache
Dream
Wash
Clean
Bathe
Launder
Rinse
Sluice
Scrub
Lather
Shower
Cleanse
Buff
Scour
Shampoo
Soak
Soap
Swab

Spot
Detect
Want
Attend
Follow
Regard
Scope
Scrutinize
Survey
Observe
Contemplate
Examine
Inspect
Note
Observe
Stare
Whisper
Mutter
Murmur
Mouth
Mumble
Wheeze
Confide

Wish
Lust
Covet
Hunger
Pine
Yearn
Wish
Ache
Dream
(see NEED)
Wash
Clean
Bathe
Launder
Rinse
Sluice
Scrub
Lather
Shower
Cleanse
Buff
Scour
Shampoo
Soak
Soap
Swab

Watch
Spy
View
Witness
Monitor
Keep tabs

Wonder
Muse
Ponder
Consider
Dwell
Debate
Mull
Study
Ruminate
Weigh
Question
Doubt
Meditate
Speculate
Puzzle
Think
PRAISE FOR THE EMOTION THESAURUS

“One of the challenges a fiction writer faces, especially when prolific, is coming up with fresh ways to describe emotions. This handy compendium fills that need. It is both a reference and a brainstorming tool, and one of the resources I'll be turning to most often as I write my own books.”

~ James Scott Bell, best-selling author of Deceived and Plot & Structure

PRAISE FOR THE POSITIVE AND NEGATIVE TRAIT THESAURUS BOOKS

“In these brilliantly conceived, superbly organized and astonishingly thorough volumes, Angela Ackerman and Becca Puglisi have created an invaluable resource for writers and storytellers. Whether you are searching for new and unique ways to add and define characters, or brainstorming methods for revealing those characters without resorting to clichés, it is hard to imagine two more powerful tools for adding depth and dimension to your screenplays, novels or plays.”

~ Michael Hauge, Hollywood script consultant and story expert, author of Writing Screenplays That Sell and Selling Your Story in 60 Seconds: The Guaranteed Way to Get Your Screenplay or Novel Read